

Frequency: The Universal Healer

Everything in the universe vibrates at a signature frequency. Every grain of sand, mineral, food, chemical, living cell all vibrate at their own specific frequency. Frequency is the language that all life understands at a cellular level. It is the foundation upon which every physiological process is based. It is the critical means of communication between all things on a macrocosmic as well as microcosmic level. Our cells exchange information and regulate body functions through the sending and receiving of specific frequencies. This cell signaling precedes and regulates all biochemical actions. When these natural frequency signals become scrambled, so does our body's ability to self-regulate and maintain healthy function.

How does sound therapy help restore healthy cell signals?

When your body starts to misfire, it is usually accompanied by a change in the basic frequency of the cells caused by exposure to a disruptive foreign frequency or toxic chemical. For instance, a cancer cell emits a radically different frequency than that of a healthy cell. One of the causes of cancer is carcinogens, which disrupt a specific UV frequency preventing the repair of DNA. Interestingly, based on the research of Fritz Albert Popp, PhD all carcinogens block the UV healing frequencies that repair the DNA. All other chemicals do not possess this characteristic.

It stands to reason that if harmful frequencies transmitted as wifi signals or given off by heavy metals, chemical toxins, and processed dead food can disrupt cellular function and alter the cell's vibrations to such an extent that its ability to send, receive, and accurately interpret signals is compromised then disease will occur. A cell that is compromised has a weakened immune system and is more susceptible to viruses, bacteria, fungi, and toxins. In reality, it is epigenetics, that is, the environmental stimuli of the cell membrane that dictates the cells reaction and is more influential than the DNA of the cell. The reset of the body occurs with the introduction of appropriate healthy frequencies and removal of the toxic

interference to that cell that rebalance the system through the properties of resonance.

Researchers such as Lee Lorenzen, Professor Saykally and other geneticists at UC Berkley studied the functionality of DNA. They found that **the health and optimal performance of DNA is determined by the amount of energized water molecules within the DNA matrix.**

Energized and structured water are waters charged with a specific frequency. These charged molecules form a particular **hexagonal crystalline shape, which enhances its ability to refract and reflect frequencies.** This allows them to form clusters. These **molecular clusters make it easier for DNA signaling to occur more accurately and efficiently;** the frequencies are clearer, less scrambled signals sent and received at a much faster rate. The **hexagonal crystalline molecules** help to strengthen the shape and form of DNA strands. **When the amount of energized water is reduced even slightly,** the frequency of the cell is disturbed, and the researchers observed that critical DNA function failed on an energetic level. As the frequency of the body decreases so does its health. Disease starts at 58 MHz. Colds and flu start at 57-60 MHz. Cancer occurs at 42 MHz and death begins at 25 MHz. Meditation, prayer, eating organic raw foods, taking food based supplements, homeopathics, and minerals, listening to classical music and exposure to color therapy and essential oils all work to raise the frequency of the body. One cup of coffee decreases your body's frequency for three days. Pharmaceutical drugs also disrupt the body's frequencies as well as wi-fi and other EMFs. The quicker one restores the body's frequencies the faster the body heals itself.

Steve Chemski, a biochemist and researcher, found that the **hexagonal-shaped clustered water molecules** he observed emitted a particular resonant frequency – **528 cycles per second.** This frequency, as well as its corresponding harmonics, can **recalibrate weakened DNA water molecules,** causing them to entrain and reform into the perfect **hexagonal crystalline shapes** that are capable of creating clusters, **supporting DNA function,** and restoring a healthy balance in the body.

From a historical perspective, the ancient Chinese Qigong masters discovered that subjecting the body to a set of **basic frequencies can restore health almost instantaneously**. These sounds function to activate the reset button in the body just like pushing the reset button on an electronic device. Everything goes back to factory default.

Another historical milestone was achieved by Royal Raymond Rife who was a researcher in the early 1930s; he invented a unique light microscope that was capable of determining the vibratory frequency of pathogens. He also discovered the specific frequency that would destroy these pathogens; he called this the mortal oscillatory frequency. He then worked with the inventor of the vacuum tube, Lee DeForest, who then built a frequency generator that could produce and broadcast these mortal oscillatory frequencies that would destroy the pathogens and reverse the disease process.

Rife Frequencies

In 1934, a special medical study was conducted at the University of Southern California. The research team was headed by Dr. Arthur Kendall, dean of Northwestern Medical School in Chicago, Dr. Edward C. Rosenow, head bacteriologist from the Mayo Clinic, Dr. Milbank Johnson, then president of the Southern California Medical Association, and five other prestigious researchers. These highly qualified scientists were given 16 terminally ill cancer patients to be treated with Rife's Frequency Generator. After treatment for 130 days, all sixteen cancer patients were cured. Of interest was the fact that in one year eleven research centers in the US that were validating Rife's technology mysteriously burn down. Following the successful study, it all hit the fan. Dr. Kendall disappeared and retreated to a 300 acre farm in Mexico; Dr. E.C. Rosenow stopped using Rife's equipment and stopped talking about the technology; Dr. Johnson mysteriously died the night before he was to give a press conference on the successful cure of the sixteen terminally ill cancer patients. Six months after his death his body was exhumed and they found cyanide in his toothpaste. Why have we NOT heard

about this great discovery? The answer is simple. Cancer therapy generates over 450 billion dollars a year in revenue. In addition, oncologists are the only physicians that get kick backs from the big pharmaceutical companies on the chemo drugs they push. If you have a golden goose, why would you want to kill it? In reality, medicine and Big Pharma does not want any competition with their drugs and they will use the FDA as their police force to stop any supplement or device that eliminates drug use.

Alcohol and drug Addictions Resolved with frequencies

Certain frequencies have been used as part of therapies in order to manipulate human brainwaves and increase neurotransmitter production; thus approach promotes healing of the body and mind. Sound frequency healing has been used to treat several different kinds of ailments such as insomnia, anxiety, depression, and disorders of the nervous system. In the 1960's, Bob Beck, PhD, was using a device called the brain tuner to treat addictions. He showed that addictions can be resolved in 3 to 5 days using 40 minute treatment a day with the frequency range of 110 Hz to 112 Hz. No one in the addiction industry wanted to touch his device because it would have destroyed their profits.

For hundreds of years, scientists have been conscious of the effect of sound on the human body. It has been shown by scientific study that even inaudible high-frequency sounds can have an effect on human brain activity. Use of 10 Hz is very effective as a meditative treatment to calm down people.

Exposure to different frequencies can alleviate psychiatric issues such as depression or anxiety as well as stimulate the body to heal physical ailments by way of genetic signaling.

Why homeopathic remedies, essential oils, vitamins, herbs and

Qigong acupuncture work: The one common denominator of all these substances is frequencies. They all work to balance the morphogenic or energy

field around each cell. Correcting the energy field around each cell causes the internal organells to work more normally. Resolution of illness and symptoms.

The Healing Frequencies of the Human Body: List & Benefits

A normal, healthy body should resonate with a natural frequency of 65 – 75M Hz.

There are specific frequencies that are regarded in integrative medicine to be particularly healing to the human body. Here is a list of those frequencies that are generally considered to have healing properties:

40 Hz

Flickering lights and sounds at 40 hertz have been used in **Alzheimer’s therapy** studies to stimulate an increased neural response and **fight symptoms of dementia**. Sound at 40 hertz has been linked to **gamma brain waves** and the **stimulation of memory**. It is also import to understand that the “splinters” or initiators must also be defined and removed to effect healing.

174 Hz

174 hertz is one of the Solfeggio frequencies, a series of tones used in sacred music that is believed in integrative medicine to have different positive effects on human health. 174 hertz is associated with the **reduction of both pain and stress**.

285 Hz

285 hertz is also one of the Solfeggio frequencies and is considered instrumental in the **healing of cuts, burns, and other physical wounds**. 285 hertz sound frequencies are reported to activate the body into **cellular regeneration**, encouraging it to heal itself in the event of an injury.

396 Hz

This sound frequency is associated with the **removal of fear, guilt, and other negative feelings**. 396 hertz frequencies balance the root chakra while simultaneously transforming negative emotions such as grief into positive, joyful ones. It **cleanses hard feeling of guilt and boost your ability to find inner peace**. 396

Hz frequency **overcomes hidden subconscious blockages and negative beliefs**, helps to explore ideas that have led to your situation today.

417 Hz

Healing sound therapy involving 417 Hz focuses on the **removal of negative energy** such as the **energy surrounding a past trauma or negative energies** in the ambient environment. 417 hertz therapy is designed to **dissolve emotional blockages** and activate the sacral chakra. This frequency is for solving problems, finding solutions and cleaning the cells from toxins.

432 Hz

432 hertz therapy is aimed at the heart chakra and listening to a 432 hertz frequency is reported to result in **greater levels of mental and emotional clarity**. A 432 hertz tuning is considered optimal for tuning opera singers and is associated with a **higher level of spiritual development**. 432 Hz was used to tune instruments; at this frequency sounds are richer, clearer, and can be listen to at a lower volume. This frequency is also very effective in treating Lyme disease.

471 Hz

471 Hz is associated with **intuitive states – intuition awakening**. Frequent use of this frequency leads to a **healthier life**. It **cleanses cells from electromagnetic radiations**. This tone helps to build pure and stable spiritual life. 471 Hz can also help with problem solving.

528 Hz

528 Hz is the exact frequency used by genetic biochemists to repair broken DNA. It is also known as the **love frequency**. This musical tone is also known as the “**miracle note**.” This frequency is all about transformation and **DNA repair**. It **increases the amount of life energy**, clears and brings back an awakened mind. This frequency activates awareness and creativity, helps to find deep inner peace. It is the genetic blueprint upon which all life is based!

Tainio developed a way to use his machine to measure human electrical vibrational frequency by taking readings on various points of the body and averaging those numbers together. His measurements indicate that the daytime frequency of a healthy human body vibrates in the range of 62 to 68 MHz.

Genius Brain Frequency 80-82 MHz

Brain Frequency Range 72-90 MHz

Normal Brain Frequency 72 MHz

Human Body 62-78 MHz

Human Body: from Neck up 72-78 MHz

Human Body: from Neck down 60-68 MHz Thyroid and Parathyroid glands are 62-68 MHz

Thymus Gland is 65-68 MHz

Heart is 67-70 MHz

Lungs are 58-65 MHz

Liver is 55-60 MHz

Pancreas is 60-80 MHz

Sickness:

Colds and Flu start at: 57-60 MHz

Disease starts at: 58 MHz

Candida overgrowth starts at: 55 MHz

Receptive to Epstein Barr at: 52 MHz

Receptive to Cancer at: 42 MHz

Death begins at: 25 MHz

Food:

Fresh Foods 20-27 Hz

Fresh Herbs 20-27 Hz

Dried Foods 15-22 Hz

Dried Herbs 15-22 Hz

Processed/Canned Food 0 HZ

Note: Fresh foods and herbs will have a higher frequency if grown organically and eaten freshly picked.

Additional Healing Rife Frequencies

- 470 Hz: Healing
- 810 Hz: Healing
- .01 - 100 Hz for brain tuning
- 676 Hz: H. Pylori

- Herpes Zoster 1489, 1500, 1550, 2489 - relieves acute outbreak, but does not remove dormant form from body. Use of 2489 for about 30 minutes seems to provide long term benefits.

Note: One hour of deep delta sleep will get out toxins from the brain.

Healing Rife Frequencies

- 111 Hz: Use for 40 minutes per day for 5 days total; stimulates the brain to start producing neurotransmitters; in 3 to 5 days the brain resets and produces NT normally. There are over 2000 neurotransmitters.
- 2.7 KHz: Stimulates limb regrowth
- 90 - 111Hz: Stimulates beta endorphin production
- 4 Hz: Produces catecholamines (dopamine, norepinephrine, and epinephrine) which are sent into your blood when you're physically or emotionally stressed.

Note: Stressed related symptoms: Insomnia, addictions, anxiety, and depression

- 7.83 Hz: Schumann frequency; frequency the earth vibrates at.
- 632.8 Hz: Healing frequency of a helium neon laser.

Note: Must avoid using DC current above the neck. It causes small polar synaptic electrolysis.

Note: Tobacco is 4.5 X more addictive than heroin; withdrawal time is up to 2 years.

- 787 Hz: High blood pressure

Rife Treatment Frequencies

- **440 Hz:** Stimulates greater aggression, psycho social agitation, and emotional distress predisposing people to physical illness.
- **432 Hz:** Transmits beneficial healing energies because it is a pure tone of mathematics fundamental to nature.
- **400 - 480 Hz:** Destroys cancer cells.
- **444 Hz:** Kills cancer cells.
- **45 Hz:** Illness
- **30 Hz:** Marijuana Effect
- **6.66 Hz:** Depression/suicide
- **10 Hz:** Meditative state
- **10.8 Hz:** Chaotic behavior

- **11 Hz:** Manic and riotous behavior
- **25 Hz:** Blindness if aimed at the head; heart attack if aimed at the chest.
- **147 Hz:** Reduces high blood pressure immediately.
- **153 Hz:** Relief of Muscular Dystrophy
- **197 Hz:** Restores love of others, warmth (1 hour session)
- **447 Hz:** Relief Hemorrhoids, Crohn's disease
- **10000 Hz:** Full Restore TEETH Regeneration Regrowth Repair Frequencies; All 7 Chakras; 12 Meridians Chi
- **456 Hz:** Head cold, sinus infection
- **466 Hz:** Cancer glioblastoma tremor, Condylomata, venereal warts, papilloma virus.
- **5Hz, 26Hz, 79Hz, 80Hz, and 82:** For pain.
- **7Hz, 70Hz, 85Hz:** Acute pain.
- **76Hz:** For chronic pain.
- **7Hz, 66Hz:** Rheumatoid Arthritis.
- **11Hz, 17Hz, 53Hz, 55Hz, and 71Hz:** Emotional issues.
- **76Hz - 14Hz (sweep), 41Hz, and 70Hz:** Paralysis.
- **111Hz:** Tx 40 minutes a day for 5 days; brain starts to produce neurotransmitters; 3 to 5 days goes to normal and totally restores short term memory.
- **2.7KHz:** limb regrows.
- **90Hz sweep 111Hz:** stimulates beta endorphins.
- **4Hz:** stimulates catacolamines.
- **7.83Hz:** Schumann Resonance (frequency the earth vibrates).

Many of us spend our life time chasing mental images rather than observing the realities of life.

- Additional healing frequencies: 199, 453, 853, 883, 884, 887.
- **787 Hz:** Worms, Dopamine, decreases blood pressure
- **5 Hz or less:** improves sleep

Solfeggio frequencies: six main solfeggio frequencies

- **396 Hz:** Liberates one from fear and guilt
- **417 Hz:** Wipes out all the Negative Energy and all past trauma
- **528 Hz:** Repair DNA. Brings Positive Transformation, clarity, peace, sleep music
- **639 Hz:** Relationships and reconnecting; healing interpersonal relationships
- **741 Hz:** Removes toxins and negativity; problem-solving and improving emotional stability
- **852 Hz:** LET GO of Fear, Overthinking & Worries; Cleanse Destructive Energy; Awakening Intuition; create harmony with the universe and yourself
- **174 Hz:** Pain relief
- **285 Hz:** Safety, energy, and survival
- **963 Hz:** Activation of pineal gland; create room for oneness and unity; pure and bright visions and thoughts

Antenna search.com

towergenie.com

Microwaves that enter the brain accelerate the rhythms and the brain

It takes 2 hours for the brain to settle down after just a 2 minute cell phone call. Accelerates the alpha, beta, delta and theta waves.

Microwaves can be beamed off of the ionosphere and targeted other countries.

There are No safe limit to Microwaves:

- a. Body has a defense mechanism against high strength microwaves
- b. Low levels of microwaves do not activate the body's defense mechanism.
 - (1). Smaller your body (children) the more your absorb
 - (2). Research papers show that microwave cooking creates 100,000 different proteins structures; Only 600 protein structures are known. We do not know how the body will react to these altered proteins.
 - (3). Dangerous to the eyes, pregnancy (ovaries, ureters, and fetus; breast cancer.)

Note: Dental x-rays in milliseconds relatively no harm compared to medical diagnostic values.

- c. Pulsed frequencies within microwaves cause cancer, suicide, brain damage, and heart attack.
- d. Pulsed microwave frequencies (EMFs) can cause ill health. BioInitiative 2012 Report (updated 2014 and 2020)

BIOEFFECTS ARE CLEARLY ESTABLISHED

Bioeffects are clearly established and occur at very low levels of exposure to electromagnetic fields and radiofrequency radiation. Bioeffects can occur in the first few minutes at levels associated with cell and cordless phone use. Bioeffects can also occur from just minutes of exposure to mobile phone masts (cell towers), WI-FI, and wireless utility 'smart' meters that produce whole-body exposure. Chronic base station level exposures can result in illness.⁷

Website: <https://bioinitiative.org/conclusions/>

Five Primary Actions of Systemic Proteolytic Enzymes

1. Anti-inflammatory
2. Dissolves fibrosis (scar tissue)
3. Cleanses the blood of foreign protein
4. Adaptogenic: modulates
5. Bactericidal and mildly anti-viral

Color therapy:

- **Indigo:** Pain (425-450 nm)
- **Green:** Balancing (495–570 nm)
- **Turquoise:** Acute pain (490 x 10⁹)
- **Lemon:** Chronic pain (530–510 THz)
- **Lemon orange:** Paralysis
- **Magenta:** Emotional

Stress related symptoms

- **Insomnia**
- **Addiction**
- **Anxiety**
- **Depression**