

# Dr. Smith **Live**

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## Energy Medicine: The New Frontier

**Topic: Can psoriasis be reversed?**

### Conventional vs Energy Medicine Approaches

- **What is psoriasis?**
- **Are there different types of psoriasis?**
- **What are the symptoms of psoriasis?**
- **What are the causes of psoriasis?**
- **Are there triggers for psoriasis?**
- **Can Energy Medicine reverse psoriasis?**

## What is psoriasis?

Psoriasis is a skin disease that causes a rash with itchy, scaly patches, most commonly on the knees, elbows, trunk and scalp.

Psoriasis is a common, long-term (chronic) disease with no cure. It can be painful, interfere with sleep and make it hard to concentrate. The condition tends to go through cycles, flaring for a few weeks or months, then subsiding for a while. Common triggers in people with a genetic predisposition to psoriasis include infections, cuts or burns, and certain medications.

## Are there different types of psoriasis?

- **Plaque psoriasis.** The most common type of psoriasis, plaque psoriasis causes dry, itchy, raised skin patches (plaques) covered with scales. There may be few or many. They usually appear on the elbows, knees, lower back and scalp. The patches vary in

color, depending on skin color. The affected skin might heal with temporary changes in color (post inflammatory hyperpigmentation), particularly on brown or Black skin.

- **Nail psoriasis.** Psoriasis can affect fingernails and toenails, causing pitting, abnormal nail growth and discoloration. Psoriatic nails might loosen and separate from the nail bed (onycholysis). Severe disease may cause the nail to crumble.
- **Guttate psoriasis.** Guttate psoriasis primarily affects young adults and children. It's usually triggered by a bacterial infection such as strep throat. It's marked by small, drop-shaped, scaling spots on the trunk, arms or legs.
- **Inverse psoriasis.** Inverse psoriasis mainly affects the skin folds of the groin, buttocks and breasts. It causes smooth patches of inflamed skin that worsen with friction and sweating. Fungal infections may trigger this type of psoriasis.

- **Pustular psoriasis.** Pustular psoriasis, a rare type, causes clearly defined pus-filled blisters. It can occur in widespread patches or on small areas of the palms or soles.
- **Erythrodermic psoriasis.** The least common type of psoriasis, erythrodermic psoriasis can cover the entire body with a peeling rash that can itch or burn intensely. It can be short-lived (acute) or long-term (chronic).

### What are the symptoms of psoriasis?

Common signs and symptoms of psoriasis include:

- A patchy rash that varies widely in how it looks from person to person, ranging from spots of dandruff-like scaling to major eruptions over much of the body
- Rashes that vary in color, tending to be shades of purple with gray scale on brown or Black skin and pink or red with silver scale on white skin
- Small scaling spots (commonly seen in children)

- Dry, cracked skin that may bleed
- Itching, burning or soreness
- Cyclic rashes that flare for a few weeks or months and then subside

### **What are the causes of psoriasis?**

Psoriasis is thought to be an immune system problem that causes skin cells to grow faster than usual. In the most common type of psoriasis, known as plaque psoriasis, this rapid turnover of cells results in dry, scaly patches.

Conventional medicine states that the cause of psoriasis isn't fully understood. It's thought to be an immune system problem where infection-fighting cells attack healthy skin cells by mistake. Researchers believe that both genetics and environmental factors play a role. The condition is not contagious.

The Energetic Medicine interpretation is that there are initiators or “splinters” that trigger off the

inflammatory reaction. Some of the “splinters” are, childhood vaccines, viruses, chemicals (glyphosate), heavy metals, weak thyroid, nutritional deficiencies specially organic, cold pressed omega 6 oils.

## **Are there Psoriasis triggers?**

Many people who are predisposed to psoriasis may be free of symptoms for years until the disease is triggered by some environmental factor. Common psoriasis triggers include:

- Infections, such as strep throat or skin infections
- Weather, especially cold, dry conditions
- Injury to the skin, such as a cut or scrape, a bug bite, or a severe sunburn
- Smoking and exposure to secondhand smoke
- Heavy alcohol consumption

- Certain medications — including lithium, high blood pressure drugs and antimalarial drugs
- Rapid withdrawal of oral or injected corticosteroids

### **Can Energy Medicine reverse psoriasis?**

The answer is yes when the “splinters” or ignitors can be defined. If you want to get a better understanding of this concept I recommend you read my book, *Remote the “Splinters” and Watch the Body Heal*.

#### **Case studies:**

**Severe arthritic pains, psoriasis, and manic depression all resolved without drugs**

#### **Medical History:**

The patient was under the care of a rheumatologist for his joint pains. Numerous dermatologists were consulted over a 34 year period for treatment of his psoriasis and psychiatric therapy was obtained for his manic depression.

#### **Dental History:**

The patient had a full compliment of teeth with no history of any extensive dental treatment.

Our laboratory testing revealed Charles was intolerant to fats and had excess sugar and starch in his diet. Also of significance, he had a severe deficiency of Vitamin C.

**Treatment:**

Charles was placed on specific plant based enzymes to counteract the poor fat metabolism, and excess sugar and dietary starches. He also was prescribed a food based vitamin C from green buckwheat.

**Results:**

In six weeks, Charles' joint pains throughout his body completely disappeared. In nine months all his psoriasis cleared and his manic depression resolved.

Healthcare practitioners must have a broad base of knowledge to triage the difficult patient. They must also have an extensive database of nutritional information to treat the core issues found. Noninvasive approaches are always preferable to toxic drugs with their many side effects.



## **Debunking the Latest Medical Mantra for Plaque Psoriasis, Eczema and Rashes**

After practicing over 46 years, I have come to realize that the medical industry has been practicing “fake medicine.” Treating symptoms with drugs to control symptoms is not healing but quackery. In addition, one must also pay close attention to the ” Safety Considerations” related to the drug *du jour*. In most cases, taking the “cure” exposes you to potentially deadly consequences. Just read the warning accompanying Humira, the latest drug in a mass television campaign focusing on plaque psoriasis.

### **Safety Considerations**

Serious infections have happened in people taking HUMIRA. These serious infections include tuberculosis (TB) and infections caused by viruses, fungi, or bacteria that have spread throughout the body. Some people have died from these infections. HUMIRA may increase the chance of getting lymphoma, including a rare kind, or other cancers. HUMIRA can cause serious side effects including hepatitis B infection in carriers of the virus, allergic reactions, nervous system problems, blood problems, heart failure, certain immune reactions

including a lupus-like syndrome, liver problems, and new or worsening psoriasis.

### **11-year-old's Severe Eczema Resolved with Energy Medicine Diagnostics and Nutritional Protocol**

Using energetic medicine and Direct Resonance Testing techniques the following factors were found within the eczema: Herpes Zoster, Herpes Simplex I, and Cytomegalovirus. In addition, the patient had a low thyroid function, which lowered his immune system preventing resolution of the pathogens. A nutritional program was set up which addressed detoxing his liver, opening up his avenues of excretion, reducing heavy metals, and neutralizing the vaccines with homeopathic nosodes and herbs known to be affective against viruses. The comprehensive approach totally resolved the severe eczema in three months. Interestingly, there were no known side effects of the remedies that could cause TB, bacterial, viral or fungal infections or the potential of causing cancer. Why would anyone subject themselves to these dangers when a safer, more effective approach is available?



