

# Survivor's Guide to "Gunpoint Medicine" Reversing the Aftermath of the Mandated Shot

*By Dr. Gerald H. Smith*

## What's in Your Shot?

Thimerosal (ethyl mercury a neurotoxin), aluminum (a neurotoxin), graphene oxide (lead particles), dangerous chemicals, polyethylene glycol (antifreeze), formaldehyde (embalming fluid - cancer causing substance) and lipids to help transport toxins into your brain, organs, and other tissues. They are usually grown on cell lines from aborted fetal tissue. Also, animal cells contain species-specific viruses that cause diseases in humans. The COVID shots contain either manufactured mRNA (Pfizer and Moderna) or manufactured DNA with adenovirus (Johnson & Johnson, Astrazenica) that have never been studied in humans until now. Keep in mind that harmful components of vaccines can be removed with vaccine detoxification, but any changes to your DNA from the COVID shot appear to be **irreversible**.

**BREAKING NEWS:** The Fully Vaccinated Are Developing "Acquired Immunodeficiency Syndrome" (AIDS) Much Faster!

"Covid -19 cases show that doubly vaccinated 40-79-year-olds have lost 44% of their immune system capability. Their immune systems are deteriorating at around 5% per week (between 3.8% and 9.1%).

If this continues, then 30-59-year-olds will have zero Covid/viral defense (and perhaps a form of acquired immunodeficiency syndrome) by Christmas, and all double vaccinated people over 30 will have completely lost the part of their immune system that tackles Covid-19 by January 2025."

**Conclusion:** The vaccinated population isn't more protected than the unvaccinated. You can't gain natural immunity, and the vaccine efficacy is gone!

The high court in Spain has Ruled that the **Covid-19 pathogen is Not A Virus, is Not a Vaccine, but is a bioweapon and is UNSAFE.**

## What Kind of Protection Do the COVID Shots Provide?

Aside from providing insignificant protection in terms of your absolute risk reduction, it's important to realize that **they do not provide immunity**. All they can do is **reduce the severity of the symptoms of infection**.

According to a German microbiologist, Dr. Sucharit Bhakdi "The vaccines showed absolutely zero benefit in the clinical trials."

## How the COVID Shot Causes Damage

When the gene therapy, COVID shots are administered, the spike proteins disseminate throughout the entire body and inundate every organ. The spike protein causes a cytokine storm, uncontrolled inflammation, which damages the organs. In addition, the graphene oxide that is present in ALL the inoculations triggers off blood clotting. You can assess the degree of clotting taking place in your body by getting the **D-dimer blood test**, which assesses the micro-clotting that is occurring in your blood.

Once inside a human cell, **mRNA reprograms normal RNA / DNA**, which begins to make another protein. For the first time in the history of vaccinations, the so-called mRNA vaccines of the latest generation **directly interferes with the patient's genetic material and therefore alters the individual genetic material, which is genetic manipulation**, which was already prohibited and was previously considered a crime.

Following the unprecedented mRNA vaccine, **the vaccinated will no longer be able to treat the symptoms of the vaccine in any conventional way**.

According to a noted PhD virologist and epidemiologist, Dr. Sean Brooks, the first jab will suppress your immune system by 15%; the second jab will suppress it by 35%. The booster shot will kill you. When your body is in a cytokine storm, it will not be able to handle the Delta Variant or any other viruses.

## **Understanding the nature of the COVID “vaccines”**

The SARS-CoV-2 spike protein is what’s actually causing vascular damage in COVID patients and COVID vaccine recipients, promoting the strokes, heart attacks, migraines, blood clots and other harmful reactions that have already killed thousands of Americans.

### ***Why do they use spike proteins?***

For COVID-19 vaccines, all of the approved vaccines so far used the spike protein. The spike protein is located on the outside of a coronavirus and is how SARS-CoV-2 (the coronavirus) enters human cells. Its location on the outside of the virus enables the immune system to recognize it more easily.

The spike protein is unique to SARS-CoV-2 – it doesn't look like other proteins that your body makes.

Graphene quantum dots (GQDs), with a small size of less than 100 nanometers, can cross through the blood-brain barrier. Different administration routes influence the distribution of GFNs (graphene-family nanomaterials) .

Intravenously administered GO (graphene oxide) entered the body through blood circulation and was highly retained in the lung, liver, spleen and bone marrow, and inflammatory cell infiltration, granuloma formation and pulmonary edema were observed in the lungs of mice after intravenous injection of 10 mg kg/body weight GO.

### **Toxicity in internal organs**

GO can result in acute inflammation response and chronic injury by interfering with the normal physiological functions of important organs.

A low dose of GO caused serious damage to the gastrointestinal tract after maternal mice drank a GO suspension rather than a high-dose of GO. The reason is because a low dose of GO without agglomeration can easily

attach to the gastrointestinal surface and cause destruction through its abundant sharp edges.

GO reportedly disrupted the alveolar-capillary barrier, allowing inflammatory cells to infiltrate into the lungs and stimulate the release of pro-inflammatory cytokines. Fibrosis and inflammation could be verified by the increased levels of the protein markers.

### **Spreading of the “Vaccine”**

Transmission is happening at a rapid rate as the cells of the vaccinated are now producing a synthetic spike protein from the pathogen they were injected with.

Self-spreading vaccines are not a myth. Johns Hopkins University reveals that self-spreading vaccines already exist and are used to spread the vaccine “without requiring each individual to be inoculated.”

Pfizer openly admits their experimental mRNA BioNTech injection sheds. Therefore this technology is immorally vaccinating the unknowing unvaccinated populations that make unplanned contact with the mRNA injected/vaccinated.

**Case Study:** Patient was diagnosed with the Additive Tromethamine in his liver. He did not get the “vaccine” but was exposed to a number of vaccinated individuals. Shedding is for real.

### **After Your COVID Vaccine, Doctors Say.**

It is imperative to incorporate a sufficient amount of animal protein in your post-vaccine diet to help strengthen your body's immune response and put you on the road to a smooth recovery. Integrative physician Ronald Hoffman, MD, told HuffPost that "the development of immunity depends on the body 'reading' instructions from the vaccine and synthesizing antibodies and white blood cells, which requires adequate protein in the diet."

- Foods high in protein are also rich in amino acids that can help improve immune system function. Vegetarian diets are deficient in quality protein.

- Eating protein after your vaccine can help you avoid feeling physically weak by reducing deterioration of muscles.
- If you do not provide the body with adequate animal protein your muscle mass will start decreasing.

### **Detox Program:**

1. **Glutathione:** a tripeptide amino acid to chelate out heavy metals such as thimerosal, aluminum, graphene oxide, etc.; chlorella, cilantro, garlic, and other binders like bentonite and montmorillonite clays taken internally will help grab those heavy metals and bring them with when they exit the body.
2. **Pure Body Extra Strength (Touchstone Essentials):** a water soluble zeolite product that chelates heavy metals and other toxins from the body; a patented technology of clustering water molecules around the zeolite enables it to cross the blood brain barrier.
3. **C3 Curcumin (Designs For Health):** an antioxidant to assist the liver in breaking down toxins pulled out of the blood stream. It's also anti-inflammatory.
4. **Tox Chord\*:** homeopathic combination formula for exposure to chemicals.
5. **Isopathic Phenolic Rings\*:** homeopathic formula designed to remove benzene ring structures and other similar chemical compounds.
6. **Lipo Chord\*:** homeopathic formula designed to remove chemicals from the fat layers of the body.
7. **Quercetin (Perque):** is an anti-inflammatory supplement to help reduce the cytokine storm from the adjuvants in the inoculation. Quercetin and vitamin C function to transport zinc into the cell to prevent viral replication.
8. **Detox frequency (Frequency Shop):** Specific frequency to dump toxins from the body.
9. **Cataplex B & B2 (Standard Process Labs):** Assists the liver in processing chemicals pulled out of the bloodstream.
10. **Medi-Dental Pak (Premier Research):** Detox clay to be mixed with Liver ND and applied over the site of injection. Allow pack to sit for 20 minutes.

- 11. Kaqun Drops (Probiotic):** 60 live microorganisms to restore the healthy micro biome in the intestines.
- 12.** Celletech makes two homeopathics: one to combat the Pfizer and the other to combat the Moderna vaccine.
- 13. Cordyceps** (Dr. Stanley Ngui - available in the US at ICNR, Inc.): It is one of the best adaptogens available. It modulates functions in the body to restore homeostasis. Increases stamina, oxygen levels, and boosts your immune system.
- 14. Pine Needle Tea (Etsy.com):** Contains Suramin, which is a potent antioxidant, antidepressant, antibacterial, antiviral, anti-tumor, anti-inflammatory, immune system-boosting, cardiovascular-protecting, triglyceride reducing, and effective solution for parasites and viruses and provides an antidote for those affected by the spike protein “contagion.” Suramin works by inhibiting inappropriate replication and modification of RNA and DNA. “Suramin also showed inhibitory effects against components of the coagulation cascade.

**Note:** Pine needles have four to five times more vitamin C than a cup of orange juice.

- 15. Theraphi (Scalar Energy):** Scalar energy helps repair the DNA, neutralize the frequencies of heavy metals, pathogens, chemicals, and stimulates stem cells for repair.

For those who do not have access to a Theraphi System, you can use the scalar energy and 18 healing frequencies available on the Frequency Shop. (Go to [frequencyshop.co](https://frequencyshop.co)). For those who maybe skeptical of the validity of frequencies please view the testimonials (<https://frequencyshop.co/testimonials/>)

- 16. Medi Chord (Energetix)\*:** is a homeopathic combination formula for symptoms associated with pharmaceutical drugs. The symptoms may relate to usage that is recent, prolonged, or long-past.

For symptoms such as fatigue, headaches, itching skin, skin rashes, hair loss, dilated pupils, dizziness, memory lapses, digestive discomfort, joint pain, and occasional involuntary urination.

\* **Made by Energetix**

## **Remove Toxic Foods and Other Chemical Toxins**

Start by removing all the chemicals in your everyday life. Swap your personal products, cookware, household cleaners, laundry detergents and other commonly used items for cleaner versions. It's also time to detox your diet. We recommend a 30-day detox to clean up your diet and reset your body. Foods that add to the toxic load are removed to relieve stress on the body so the body can focus on cleaning the heavy metals/toxins out. We always recommend you make sure you are eating non-GMO and organic options, especially during this time. I recommend you take the Advance Natural Detox Course: <https://icnr.com/advanced-natural-detox-course/>

## **Add Fats to Your Diet**

Because heavy metals are attracted to fat, we add a fat, like organic, cold pressed omega 6/omega 3 plant based oils, to help transport them out of the body. If we don't get them out of the body, they stay in your body fat or your brain. Add good healthy fats (avocado, coconut, grass feed beef, raw dairy) to your diet to help support your body during detox. Don't worry the fats won't make you fat and they will not clog your arteries. Your body needs fat.

## **Massage, Sauna, Light Exercise, and Detox Bath**

During your vaccine detox you want to keep the blood moving. Techniques like massage, infrared sauna, light exercise and a detox clay bath can assist your body during the process. Massage helps move toxins out of your muscles and tissues into the lymphatic system. Light exercise gets the body moving but think easy walks and lighter exercise. Epsom salt baths help pull those toxins out of the body. A sauna gets your heart rate up and sweating is a way to get toxins out of the body.

## ***What basic nutritional supplements will keep you healthy?***

My recommendations are:

1. **Pure Synergy** (The Synergy Company): 60 different organic and wild crafted herbs, grasses, veggies, minerals, vitamins, and concentrated phytonutrients. Dosage: 1/2 to 1 teaspoonful once or twice a day.
2. **Clinician's Preference** (ICNR, Inc. 800.272.2323.): vegetable source for flax oil, Evening Primrose oil, Extra virgin coconut oil, Pumpkin seed oil, and Sunflower oil. An 11:1 ration of omega 6 to omega 3 oils.
3. **Humic and Fulvic Acids** plus 74 nanized minerals (Mother Earth Labs).
4. **Vitamin C (AMLA-C: Indian Goose Berry)**: Best food source for vitamin C.
5. **Zinc Orotate** (Hans Nieper formula): Mother's milk provides all its minerals in the orotate form.
6. **D<sub>3</sub>** (Premier Research Labs): most commercially available D<sub>3</sub> is made from irradiated lanolin, which is toxic.
7. **Glutathione** (Premier Research Labs): The liver needs this antioxidant to process the toxins it pulls out of the blood.
8. **C3 Curcumin** (Designs for Health): Essential for the liver to process the toxins it pulls out of the blood. It is an excellent anti-inflammatory agent.
9. **Resveratrol** (Premier Research Labs): Made from the Japanese knotweed. It is an excellent anti-oxidant.
10. **Zymessence** (Dr. Wong's Essentials): It's the best system enzyme available. It is anti-inflammatory, anti-bacterial, mildly anti-viral, dissolves foreign protein in the blood (blood clots), and dissolves away scar tissue.
11. **Quercetin** (Perque): is an anti-inflammatory supplement to help reduce the cytokine storm from the adjuvants in the inoculation. Quercetin and vitamin C function to transport zinc into the cell to prevent viral replication.
12. **Cordyceps** (Dr. Stanley Ngui formula- available in the US at ICNR, Inc. 800.272.2323): It is one of the best adaptogens available. It modulates functions in the body to restore homeostasis. Increases stamina, oxygen levels, and boosts your immune system.



***How to increase your oxygen level without expensive equipment***

*A simple Qigong technique called Dragon Breath will increase your oxygen level instantaneously. Take a 3/4 inhalation then a quick additional inhalation and quickly breath out. Repeat this procedure three or four times. You can monitor the change with a pulse oximeter.*

***The take-away message is do your homework especially regarding any drug your doctor wants to inject into you. A strong immune system will go a long way in helping you prevent from getting the flu. Also, clean up your diet especially refined sugars and processed foods.***

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