

Topic: Frequency Medicine Therapy and the NGUI Matrix

[Opening]

Hello everyone, and welcome.

I want to thank Dr. Smith for inviting me onto this podcast—it's truly an honor to share something that is both deeply personal and, I believe, represents the new frontier of healthcare: **Frequency Medicine Therapy and the NGUI Matrix**.

Let me begin with a story. Years ago, I worked with a gentleman who had been suffering for years with pain that no doctor could resolve. He had tried medications, surgeries, and therapies, but nothing gave him lasting relief. When I treated him using a frequency-based approach, within minutes, his pain disappeared.

The look on his face was unforgettable—not just relief, but joy and disbelief mixed together. That was the moment I realized something profound: we weren't just treating pain, we were unlocking the body's natural intelligence—its innate ability to heal.

That moment has repeated itself thousands of times in different forms—chronic disease improving, mobility returning, even degenerative conditions reversing. And that's why I'm here today: to share with you what frequency medicine really is, how it works, and why the NGUI Matrix has become a vital system for restoring health in so many people around the world.

So let's begin with the basics.

[What is Frequency Medicine Therapy?]

At its core, **Frequency Medicine Therapy** is the application of carefully selected energetic frequencies to the body to help it reset its natural rhythms.

Think of it like tuning a musical instrument. When a guitar string is out of tune, the entire song sounds wrong. But when you adjust that one string, harmony returns.

The human body works the same way. Every cell, every organ, every tissue vibrates at a certain frequency. When

we are healthy, these frequencies are in harmony—like an orchestra playing in perfect rhythm. But illness, stress, trauma, and even emotional burdens can cause those frequencies to drift off-key. Over time, the discord grows louder, and symptoms appear.

Conventional medicine tends to focus on fighting the disease—killing bacteria, removing tumors, suppressing pain. Frequency Medicine, on the other hand, doesn't fight the disease directly. Instead, it treats the body. It realigns the frequencies so the body itself regains the ability to fight, to repair, and to heal.

That is why Frequency Medicine has such a wide range of applications—from something as simple as acute back pain, all the way to chronic illnesses like Parkinson's disease, diabetes, and even cancer.

Another way to think of it is this: when a computer runs too many background programs, it slows down and eventually crashes. Our bodies are no different. The unconscious mind accumulates clutter. At first it's just noise, but as it builds it becomes a storm, then a hurricane, and finally, a disaster. Frequency therapy clears that clutter, allowing the body's "operating system" to function smoothly again.

[The Challenge of Natural Medicine]

The technique is simple. Frequency Medicine is powerful, but it requires precision.

The real bottleneck in natural medicine is not in the therapies themselves—it's in developing the right treatment plan.

When you hear of so-called “miraculous” recoveries, those are not accidents. They happen because the practitioner has a clear, decisive plan that matches the treatment to the individual. Without that precision, even the best tools produce mediocre results. With it, the body can shift rapidly, and sometimes dramatically.

This is what sets apart great natural medicine from average natural medicine: the ability to see clearly into what the body needs and to apply the right frequency at the right moment. That is the art and science behind the NGUI Matrix.

[Case Studies]

Let me share somethings with you. These are people who found new life through frequency therapy.

Case 1: Fibromyalgia and Rheumatoid Arthritis

A woman came to me in crisis. She had fibromyalgia and rheumatoid arthritis, and she was in unbearable pain in her right leg. She had been receiving multiple treatments every day—acupuncture, massage, physiotherapy—but nothing helped. Everyone told her, “*It's just your*

arthritis. Learn to live with it.”

When she came to me, I looked differently. Instead of chasing the diagnosis, I treated her for sciatic pain using the NGUI Matrix. Within three minutes, the pain vanished. She broke down in tears, because for the first time in weeks, she was free.

Case 2: Parkinson’s Disease

A man who had lived with Parkinson’s for 15 years arrived barely able to function. His tremors were so severe he couldn’t feed himself. After the first 30-minute session, half of his tremors disappeared. His posture improved, his shaking reduced, and by the second session—he drove himself to the clinic. His independence returned, and with it, his dignity.

Case 3: Severe Lung Scarring

Another woman came in attached to an oxygen tank. Her lungs were so scarred that breathing was a constant struggle. After one session, her nurse was astonished—her oxygen levels improved, and her breathing eased. This was a condition that conventional medicine had declared irreversible. And yet, the body showed it could still repair itself when given the right frequency.

Case 4: Lower Back Pain

A 65-year-old man came in with intense lower back pain. With one touch to a specific Matrix point on his head, the pain vanished instantly. He looked at me in shock, then started laughing, saying, *“I feel like I’m 30 again.”*

Case 5: Stroke and Heart Attacks

One man had suffered multiple strokes and heart attacks. His health was declining, and his future looked grim. But through frequency therapy, his heart rhythm normalized, his energy returned, and his cardiologist reviewed his EKG with disbelief—it was nearly perfect.

Case 6: Cancer

And yes, even cancer. Early in treatment, tumors respond in two stages: first, the tentacles retract; then the mass begins to shrink. We've seen patients whose scans showed clear evidence that cancer was not spreading—and in some cases, regressing.

Case 7: Anxiety and Depression

A young woman came to me, weighed down with years of anxiety and depression. Conventional treatments numbed her but never healed her. With frequency therapy, the clutter in her unconscious mind began to clear. Within weeks, her panic attacks subsided, and for the first time in years, she said, *"I feel like myself again."*

Case 8: Autoimmune Disorder

A middle-aged man was struggling with an autoimmune condition that left him constantly fatigued and in pain. His immune system was attacking his own body. Using the NGUI Matrix, we reset the communication between his brain and immune system. Over several sessions, his flare-ups reduced dramatically, and his energy returned.

Case 9: Sports Injury

A professional athlete injured his knee and was told surgery was his only option. Through targeted frequency treatments, his healing accelerated. Not only did he avoid surgery, but he returned to competition stronger than before.

Case 10: Dementia and Memory Loss

An elderly woman was losing her memory. She often forgot the names of her children. With frequency treatments aimed at the brain, her clarity improved. She began remembering conversations, recognizing faces, and her family said, “*We have her back again.*”

These cases demonstrate one principle again and again: when the body is given the right frequency, it doesn’t just cope—it heals.

[The Science Behind Frequency]

You may be asking: *How is this possible?*

The human body is not just a chemical machine—it is also an electrical and vibrational system. Every nerve impulse is electrical. Every heartbeat, every brainwave, every cellular communication has a frequency.

When these frequencies are in harmony, the body thrives. When they fall into dissonance—through stress, trauma, toxins, or lifestyle—the body suffers. Think of a radio station: if you’re slightly off the dial, the music is

distorted. Frequency medicine helps re-tune the body, bringing it back to its original clear signal.

Neuroscience confirms what ancient traditions have long known: the brain is the central control tower. Signals from the brain regulate inflammation, immunity, hormones, and digestion. If the brain sends the wrong signal, the body suffers. If the brain is rebalanced, the body can heal.

There an ancient **empirical statement**: *All illnesses begin in the brain.*

[Sympathetic vs. Parasympathetic]

Now, let's connect this to something familiar: the sympathetic and parasympathetic nervous systems.

- The **sympathetic system** is “fight or flight.”
- The **parasympathetic system** is “rest and digest.”

Most people today are stuck in **sympathetic dominance**. Stress, overwork, trauma, and fear lock the body into fight-or-flight. This is what some call *adrenal fatigue*.

I describe it as the unconscious mind becoming cluttered. First it's clutter, then a storm, then a hurricane, and finally, a disaster.

Frequency Medicine and the NGUI Matrix help reset this imbalance. They clear the clutter, calm the storm, and allow the parasympathetic system to re-engage. That's when the body repairs.

[The Six Protocols of the NGUI Matrix]

The **NGUI Matrix Protocols** make frequency medicine practical, repeatable, and teachable. You can use it in clinic for professional use or at home for personal use. In fact, we have a 2 hour presentation this Saturday morning that is meant for home use.

1. NGUI Matrix – Head

All illnesses start from the brain. By resetting brain frequencies, we calm anxiety, restore clarity, and reset communication with the body.

2. NGUI Matrix – Upper Body

Addresses the neck, chest, shoulders, and arms. Restores breathing, circulation, and eases pain.

3. NGUI Matrix – Lower Body

Addresses lower back, hips, and legs. Restores mobility, reduces pain, and supports reproductive health.

4. Meridians

Energy pathways that influence entire organ systems. Working with them restores balance on a systemic level.

5. Endpoints

Energy reservoirs at the ends of channels. Stimulating them releases stored Qi.

6. Ashi Points

The points of pain or injury. The body's own way of showing us where help is needed.

Together, these six protocols form a complete healthcare system—a framework that has been taught internationally since 2017, and one that continues to grow.

[Integration with Conventional Medicine]

Let me pause to say: I am not against conventional medicine. Surgery, pharmaceuticals, and diagnostics save lives every day.

What I am saying is this: Frequency Medicine has its own lane. It is not about replacing, but about expanding what is possible. And when integrated with conventional care, results can be extraordinary.

[Reflections & Vision]

Since first presenting the NGUI Matrix at the World Organization of Natural Medicine in 2017, it has spread internationally. Practitioners across continents call it “*The New Frontier of Healthcare.*”

Why? Because it shifts the focus. Instead of chasing symptoms, we restore balance. Instead of fighting disease, we empower the body. Instead of waiting for breakdown, we cultivate resilience.

Imagine a world where people don't wait until they're sick to seek care. Imagine children growing up balanced, adults handling stress without burnout, and elders aging with vitality. This is not a dream. It is a possibility.

[Closing]

As we close, I want to leave you with one truth: **The body knows how to heal.**

When we use Frequency Medicine and the NGUI Matrix, we are not imposing healing. We are clearing the clutter, resetting the system, and allowing the body's wisdom to express itself.

That is why people call the results “miracles.” But they are not miracles. They are the natural outcomes of a body returning to balance.

So whether it is pain, chronic illness, neurodegeneration, or even cancer—remember: **when the body is supported, the body can heal.**

Thank you for joining me, and thank you, Dr. Smith, for creating this space for these conversations. My hope is that this talk inspires you, and perhaps gives you or someone you love a new path to explore—a path of balance, frequency, and healing.