Press Release: Autoimmune “diseases” such as Hashimoto’s can be reversed

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Conventional medicine defines Hashimoto’s thyroiditis or Hashimoto’s disease as an autoimmune disease, a disorder in which the immune system turns against the body’s own tissues. In patients with Hashimoto’s, the immune system attacks the thyroid. As with many medical illnesses, traditional medicine is still in the dark. Conventional medicine states that the exact cause of Hashimoto’s is not known, but many factors such as genetics, hormone imbalance, excessive iodine, and radiation exposure are believed to play an initiating role.

After 50 plus years of clinical practice, I have come to understand that once we become infected with a pathogen it never totally leaves the body. When your immune system is healthy, it keeps the pathogen under control with no clinical symptoms. In 2008, my daughter, Lori, was diagnosed by her endocrinologist with Hashimoto’s disease. When she told her endocrinologist that her father was going to treat her alternatively, he replied that it doesn’t work.

As an integrative medical doctor, I used a Quantum Energy Technique, which established a diagnosis of Epstein Barr Virus in her thyroid. Interestingly, Lori missed her senior year in high school because of sever chronic fatigue, which was diagnosed and successfully treated by an integrative homeopathic physician. Fast forward to 2008, the same pathogen was still trapped in her thyroid gland. I then tested various immune boosting nutrients. Testing revealed that Noni and ionic silver were the two remedies that tested the strongest against her EBV. She also treated herself with a Rife generator to destroy the EBV. Three months later all Lori’s Hashimoto’s symptoms “disappeared” and all her blood tests were normal. Also there was absolutely no interest on the part of her endocrinologist to find out how her autoimmune disease was reversed.

Auto immune diseases are caused by various potential initiators like viruses, bacteria, fungal infections, chemicals, toxins from root canal teeth, vaccines, etc. that become trapped within an organ. The problem is that conventional medicine does not have the knowledge or the skills to diagnose and properly treat this issue. For this reason, the so called gold standard of medicine is really obsolete and patients have to search for their own solutions.

For information regarding other medical conditions that have failed conventional treatment but were resolved with natural remedies, please explore more than 200 case studies on www.icnr.com/case-study-archive/casestudies.

Causes

Risk Factors for Autoimmune Thyroid Diseases[2-8]

1. Autoimmune disease – If you have a current autoimmune disease like Type 1 diabetes, this increases your risk of having an autoimmune thyroid disease. This is the primary risk factor because if your immune system is already not functioning properly, then it may cause other organs and glands to malfunction. Therefore, it is important that you regularly visit your doctor to check your thyroid gland functioning and know the symptoms.
2. Sex – Females are more likely to develop autoimmune thyroid diseases than males as it occurs in one out of eight females. They are more likely to develop after pregnancy or menopause due to hormonal imbalances like with estrogen, the main female sex hormone. A thyroid disorder can cause irregular periods or menopause symptoms like hot flashes and mood swings, so contact your doctor or pharmacist if you experience these symptoms. Yet, males with low testosterone levels, the main male sex hormone, have a higher risk of autoimmune thyroid diseases too.
3. Age – Although Hashimoto's thyroiditis and Graves' disease can occur at any age, they are most commonly developed between the early 40s and 60s. This is because the body undergoes many changes as we continue to age which can affect our hormone levels and regulation processes. Sadly, these conditions may be harder to diagnose as we age because of a lack or overlap of symptoms between the conditions.
4. Chronic stress – As the amount of chronic stress you are under over a long period of time increases, you have a higher chance of developing a thyroid disorder. Examples of chronic stress include job loss, death of a loved one,

marriage, depression, anxiety, and financial instability. The increase in cortisol or the body's stress hormone inhibits the production of thyroid hormones which can lead to Hashimoto's thyroiditis. Even infections can affect your thyroid functioning. Increased stress can lead to reactivation of viruses that may have been inactive in your body like Epstein-Barr virus or mononucleosis. This is why it is crucial that you manage your stress with activities like mediation or walking and visit your doctor regularly.

5. Food sensitivity – Food sensitivities like with gluten and inflammatory foods such as processed foods increase inflammation and antibody production in your body. This can lead to thyroid dysfunction if your thyroid is attacked. Gluten is one of the most common food sensitivities and affects about 15% of the United States population. It is a protein found in wheat, barely, rye, and oats that make up common foods such as pasta, beer, and bread. If you have a food insensitivity and eat that food, the food tricks your body into thinking that it is harmful. This causes your body to make antibodies and become inflamed to fight it off that can lower your thyroid's hormone production. Removing these foods from your diet may improve your thyroid functioning.
6. Toxins or radiation – Exposure to toxins like pesticides, excess contrast dyes like iodine from x-rays, mercury, and radiation can cause your thyroid to release minimal thyroid hormones. This leads to poor metabolism, fatigue, and weight gain that are signs of Hashimoto's thyroiditis. Minimizing your exposure to these harmful chemicals may benefit your overall energy, development, and body process regulations.
7. Heredity – Unfortunately, we cannot change our family history or genes, but this may play a role in autoimmune thyroid disease. If someone in your family like your sister, grandfather, or mother has Hashimoto's thyroiditis or Graves'

disease, then you have a higher chance of developing the condition.

Real Causes:

1. Environmental: EMFs
2. Dental Dysfunction: Root canals, bone infections
3. Vaccines
4. Infections
5. Chemicals: Chemtrails, glyphosate, fluoride
6. Heavy metals
7. Toxic bowel